



ONKWARIHWA'SHÓN:'A



The Issues and Business Affairs of Today, Which Affect Our People

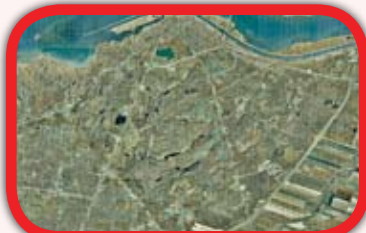
NEWSLETTER OF THE MOHAWK COUNCIL OF KAHNAWÁ:KE



The Summer AKENHNHÀ:KE EDITION...

WHAT'S INSIDE...

COMMUNITY CONSULTATION



PAGE 3

HOUSING LOAN OPTIONS



PAGE 6

NDA JUNE 29TH



PAGE 8

LACROSSE COACH DEDICATION



PAGE 13

WATKWANONHWERÁ:TON

by Sondra Karahkwenhá:wi Cross

Once again, change has come with the season as the heat sets in.

Swimming pools and air conditioners are in full force. We are in the midst of summer vacations; the kids are off to various day camps. Plants and flowers are in full bloom and fruits and vegetables are ready to eat. The bridge will be under constant construction soon. These are all true signs that summer is finally here.

This season, our newsletter includes articles reflecting the season such as The Land Code , Water Consumption, Outdoor Safety, Housing Loan Options and Summer Students, just to name a few.

Aiá:wens kí:ken tsi niwakénhnes ne aiesewata'kari: take tánon skén:nen ahsanonhtonniónhake.

Sewatate'nikónrarak tánon sewate'nikonhró:ri kí:ken tsi niwakénhnes.



**Ó:nen ki'ón:wawe
akenhnhá:ke**

**Summer
is here at last**

STAY INFORMED!



Call the Info Line at
(450) 632-9595

or

Sign up for the Mass Mailing List online at:

www.kahnawake.com

or request to be added by emailing:

communications@mck.ca

Stay Informed on the latest MCK News updated daily.

Make us your 1st Source for MCK Information!

KANÁ:TA AIONTATERIHWANÓNTONSE COMMUNITY CONSULTATION

by Heather Jacobs-Whyte

Did you know... that the Lands Unit is currently planning a community wide consultation in the coming months that will seek opinions and concerns regarding structure and development of a Land Code? There will be community education and awareness of issues related to the development of a Land Code using many different approaches, such as KTV and the use of community media. The community needs to be aware of the issues in order to be informed participants in a community consultation.

A Land Code is a structured document that will connect all existing and future laws or policies related to the administration of our lands. For example, the 2006 Clean Soil Policy and Commercial Land Use Policy will have a place in the Land Code. The Land Code will organize land use in Kahnawá:ke and protect individual health and safety.



Aerial View of Kahnawá:ke

Be alert for messages from the Lands Unit in the coming months.

“WE NEED YOUR VOICE” to develop a Land Code that will work in Kahnawá:ke. Questions or concerns can be directed to Chief Marvin Zacharie or Russel Curotte, Director of the Lands Unit.

MOHAWK SELF INSURANCE (MSI)

MSI P.I.

In May, Mohawk Self Insurance was made compulsory for all businesses and professionals in construction that were contracted by the Mohawk Council of Kahnawá:ke (MCK). The change made MSI the primary insurance provider for workplace injuries with MCK contracted companies.

Throughout this year, MSI will be showcasing scenario-based examples where Kahnawakehró:non would benefit from, if they were provided with proper coverage. New promotions featuring **“MSI P.I., Johnny Sensical”**, will be dispersed within Kahnawá:ke’s television, radio and print media.

The ultimate goal of MSI is to provide a better quality of life for Mohawks of Kahnawá:ke by ensuring that all entrepreneurs such as the construction and tobacco industry, have proper

insurance coverage for their employees in the event of an on-the-job accident resulting in injury.

Mohawk Self Insurance is a service administered through the Social Development Unit. If you wish to acquire coverage, or for additional information, contact the Mohawk Self-Insurance Coordinator, Joel Jacobs.

Phone: 450.638.0500

Fax: 450.632.0976

Email: joel.jacobs@mck.ca



TÓ: NÍ:KON OHNÉ:KANOS ENTEWÁTSTE WATER CONSUMPTION

by Justus Polson-Lahache

Each person on average will use 326 litres of water per day. With outdoor summer activities, that amount only increases. By being aware and helping



to reduce your water usage, you are doing your part to protect the environment. Try to follow at least one tip each day, and don't worry if it seems minimal. Every drop counts.

TIPS FOR THE OUTDOORS...

- Clean your in-ground pool instead of draining ever year. That's over 20,000 litres of water.
- Water your yard and plants in the early morning after the dew has dried or in the late evening. It cuts down on losses to evaporation.
- Use the water from the sky! Collect it using barrels or buckets to water plants, wash animals, etc.
- Try not to wash your car very often. If you do, try to use the rain water you collected.



TIPS FOR THE HOUSEHOLD..



- The bathroom is where most of your water consumption comes from. Shower instead of bathing. If you do need to bathe, try to fill the tub only halfway. If showering, buy a water-saving showerhead and take shorter showers.
- Fill sinks with a little water when washing vegetables, dishes, or cleaning your home. Use short bursts of water periodically for rinsing.
- Make it a habit to turn off the tap when brushing your teeth.
- Make sure you have a full load when doing laundry. If not, lower the water level knob to match. Don't have one? Get a water-efficient one if you are in the market.



SEWATE'NIKÓN RARE OH NÍ:TSI SEWATOHRÍA:NERON ATSTE OUTDOOR SAFETY TIPS

by Sondra Karahkwenhá:wi Cross

Átste iontawenstákhwa - POOL SAFETY

- Build a fence and a gate that will keep children away from your pool.
- Keep the gate locked at all times.
- ALWAYS have an adult watching children in and around the pool.
- Children under the age of 3 and children who cannot swim must wear a life jacket or personal floatation device.
- Make sure lifesaving equipment and a first aid kit are handy.
- Take a course on pool safety, first aid and lifesaving skills (such as CPR).



- Have emergency phone numbers listed at the telephone closest to the pool.
- Make sure toys, garden furniture and tools are not near the pool fence. Children can climb up on these things to get into the pool.

Review and follow all instructions for pool accessories, such as: ladders, filters and drains. These accessories pose entrapment and entanglement hazards, which may result in a person becoming trapped underwater.

- Do not allow children to play in or around these objects.
- Do not leave toys and pool accessories in the pool when it is no longer in use, as they tend to attract young children.
- Store pool chemicals out of the reach and sight of children.



Átste iekhonnia'tákhwa - BBQ SAFETY

- Make sure that the barbecue is at least 5 feet (1.5 meters), or better yet 10 feet (3 meters) from the house, or any other material that could catch fire.
- Only open your propane tank a quarter to one-half turn. That's all the gas your barbecue needs to operate, and if you have a problem, then it's much easier to shut off.
- Unless you're keen on joining the space program, always open the barbecue lid before you light it. If it doesn't fire up the first time you try it, then shut it down, and try it again in about 5 minutes.



- From the time you light the barbecue, until you're finished cooking, stay with your fire. Accidents can happen when you leave a barbecue unattended.
- Always make sure that the barbecue is in a safe place, where kids and pets will not touch or bump into it. Keep in mind that the barbecue will still be hot after you finish cooking, and anyone contacting the barbecue could be burned.
- If you use a barbecue lighter, make sure you do not leave it lying around where the kids can access it. It will not take long for them to figure out how to use it.



- When you are finished barbecuing, always make sure that you not only shut off the barbecue, but shut off the propane tank as well.
- Always store propane tanks outside, in a well-ventilated area.

HOUSING LOAN

IONTATHWISTANIHAS AIONTENONHSÓN:NI TENSHESTAHSI HOUSING LOAN OPTIONS

by Iris Jacobs



Now Available Year Round

The Mohawk Council of Kahnawá:ke recently announced the start-up of new housing mortgage loan initiatives.

Changes to the Mohawk Council of Kahnawá:ke Housing Loan Program now allow Members on the Kahnawá:ke Kanien'kehá:ka Registry to submit housing mortgage loan applications to the Housing Department for review and approval throughout the year. This replaces the former one-time-per-year

housing loan selection that had been practiced by the Mohawk Council of Kahnawá:ke since 1977.

In addition to the MCK Housing Loan Program, members can also access housing mortgage loans available through the Bank of Montreal (BMO) On-Reserve Housing Loan Program.

Similar financing options from the Caisse Populaire Kahnawá:ke and the Royal Bank of Canada (Chateauguay Branch) will soon be available.

The following chart outlines loan financing options for comparison purposes. The Bank of Montreal (BMO) was utilized as an example as their On-Reserve Housing Loan Program (ORHLP) has already been finalized and presented to the Community.

Details	MCK Housing Loan Program		Bank of Montreal
	Program A	Program B	On Reserve Housing Loan
Eligibility Criteria	Must not currently own a house or have ever owned a house *first time home owners only		Not limited to first time home owners
Eligible Loan Purpose	New Construction	New Construction	New Construction Renovations / Purchasing
Loan Amount	\$75,000	\$60,000	\$25,000 Min. - \$175,000 Max.
Down Payment	min. of 10%	0	5% of total loan amount
Interest Rate	6%	6%	prime lending rate
Monthly Payment	\$450	\$350	weekly/ bi-weekly/ monthly monthly payment depending on loan
Insurance Requirements	Life Insurance Construction / Homeowner's Insurance		Life Insurance Construction / Homeowner's Insurance Accident & Dissability Insurance (optional)

HOW TO APPLY:

Drop by the Social Development Unit Office located on the 1st floor of the Community Services Complex Building. You will be provided with a Preliminary Request for Housing Services form and other pertinent information needed to complete your application.

Mohawk Council of Kahnawá:ke

Social Development Unit
1st Floor - Services Complex Building
P.O. Box 720
Kahnawá:ke Mohawk Territory J0L 1B0

Phone: 450.638.0500
Fax: 450.632.0976
Email: iris.jacobs@mck.ca

**TEKANONHSAKHÁNION THONTAHSAWÁ:NE
AHATINONHSAKETSKO
DUPLEX HOUSING PROJECT MOVES INTO
CONSTRUCTION PHASE**

by Gene Diabo

The Mohawk Council of Kahnawá:ke Social Development Unit announced yet another new housing initiative on Monday, July 16th. Chief and Council passed a Mohawk Council Executive Decision allowing the Housing Department to move ahead with the construction phase of the much anticipated Duplex Housing Project.

The first phase of the project will see five duplexes built with construction hopefully to begin in September of this year. The Housing Department hopes to have fourteen duplexes completed by April of 2008. This will make twenty-eight units available for sale to community members. The homes will be built in the new development of lot 106, past the Clay Mountains and sold in the mid \$60,000 range with zero down and mortgage payments comparable to the rental rates of the Kahnawá:ke Multi-Dwelling units.

This latest initiative comes on the heels of the recent change to “year round” housing loans, as opposed to the once-per-year waiting list as in the past. More



information with regards to the sizes and cost will be provided in the future.

For further information on the Duplex Housing Project, please contact Iris Jacobs of the MCK Housing Department.

Phone: 450.638.0500
Fax: 450.632.0976
Email: iris.jacobs@mck.ca

**MCK RATIRIHWÍ:SAKS
O'TARASHON:A AONSAKARIHWAKÉTSKWEN
MCK TO EXPLORE RETURN TO CLAN SYSTEM**

by Gene Diabo

Grand Chief Michael Ahrírhon Delisle, Jr. has sent an open letter to the community to announce that, as part of the mandate to return to Traditional Government, the MCK has begun a project to investigate the feasibility of restoring the Clan System for use in the current decision-making process.

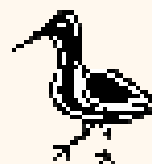
As stated in the letter, the MCK is embarking on a new project “designed to engage a broad cross-section of community members in order to reach a fair, impartial consensus that is not burdened or impeded by an individual perspective or interpretation.”



The letter, which will be printed and read in its entirety in the local media, explains this initiative and offers an introduction to the people who are being contracted to do the work.



Other than a technical team, the MCK has no involvement in the project.



**RATSĒNHAIĒNS AHRĪRHON MICHEAL DELISLE JR. RONTTSENHANÓNHNHAS
SHAHARIHÓ:WANAHTÉ TSI NENKAIĒ:REN NE OHIARIHA 29, SHISKARE 2007
GRAND CHIEF'S DAY OF ACTION SPEECH, FRIDAY JUNE 29TH**

"I would like to start off by stating that this press conference and the message I am delivering is not to be associated with the Assembly of First Nations. This is a message from the Mohawk Council of Kahnawá:ke to provide support and stand in solidarity with our brothers and sisters across Turtle Island, or what is known to most people as North America. We hope that instead of the National Day of Action, this is the beginning of an educational process and proactive movement to rid Canada of the undeniable mistreatment of the First Peoples of this land.

"The level of child poverty, suicide, unemployment and overall lack of initiative to settle the so-called "land claims" across this country is well beyond the state of embarrassment. We have been exploited through mismanagement, expropriation and outright theft. Our language and culture continue to be attacked through weapons such as the Federal Reserve Program, residential schools, and lack of support funding. The relationship, or lack thereof, between our peoples and both the federal and provincial governments is reaching the boiling point.

"The policies that the federal government tries to force us into negotiation with are useless to most First nations. The restrictions within these policies make anything less than surrender an almost impossible task to achieve. We are starting off with only unavoidable failure in our path. The frustration of many of our sister nations continues today. Some, because of economic strife and remote locations, are placed in the terrible situation of the "lesser of two evils" scenarios, settling for far less than what is not only expected but, more importantly, needed. Kahnawá:ke, however, is not in this situation.

"Our ancestors moved throughout the region, allying with most who ventured into our traditional territory. The Mohawk became the economic engine for the region. As we continued on our path, we eventually occupied this area known as Kahnawá:ke. Today, we are told that the provincial government that we have no "claim" to any of our ancestral lands, nor are we the original land holders. The federal government continues to insult us with the policy governed through the draconian Indian Act. Recently, I met with the Minister of Indian Affairs, hoping to bring a new approach and outlook to the table. Our land grievance, the Seigneurie of Sault St. Louis, is complex, financially staggering and the largest of its kind – at least in this part of the country. Our meeting lasted seventeen minutes. If this is an indication of the type of commitment we can expect from Canada or, as we say, Kanata, in honor of the Crown, we are headed for disaster.

"Our relationship with the provincial government is no better. As I stated earlier, they hide behind their justice department, which is an oxymoron in itself, stating that their people were here before anyone else. Why are we the First Nations, then? The grievance we are involved in consumes many of our surrounding communities, yet they will not offer anything but a week attempt to understand our position through consultation on the proposed expansion of Highway 30. The infrastructure they continue to expropriate farmland for will further alienate another 750 acres of traditional territory from us. Once again, this is not the answer.

"The Mercier Bridge rehabilitation is another irritant in our struggle to defend jurisdiction. Yesterday, the MCK signed the long-awaited tripartite agreement with the Jacques Cartier-Champlain Bridge Authority and the Quebec Ministry of Transport. The reasons for the delay were many but, most importantly to us, was the defense of our insurance program, as well as the storied history of our ironworkers. As the negotiations continued, the bridge's condition worsened. Through an agreement that was signed in 1999 with the MTQ, contracts that require to be tendered in the Territory are to be done by us. We are about to take this to a new level. A safety inspection is required for the structure over the St. Lawrence River before the next phase of repairs can be done. We intend to conduct this ourselves to ensure that public safety is the highest priority and does not fall victim to long, drawn out contract negotiations or bureaucratic process. Anything less would be irresponsible.

"Kahnawá:ke has the advantage of being in this location. I am a firm believer that everything happens for a reason. The St. Lawrence Seaway was forced upon our people for the sake of the "national interest," we learned some valuable lessons. We made the collective statement of "not another inch." Throughout our history here the railways, highways, utility companies and various other resources have been imposed on my community. If the external authorities continue to disregard our requests to become part of these developments and prosper as a people, like our counterparts have, we will have alternative but to look out for OUR national interest.

"At the end of this press conference, a large Iroquois Confederacy flag will be raised as a sign of hope, collectivity and solidarity. Once this action is completed, myself and other community members will be going out into the surrounding area to place flags as a reminder that we are not going away. This is traditional Kanien'kehaka Territory. This will mark the beginning of our continuing effort to ensure our future generations will prosper as our ancestors did. It is our responsibility. Tho nniowená:ke. Niá:wén ko:wa. That is all I have to say. Thank you."

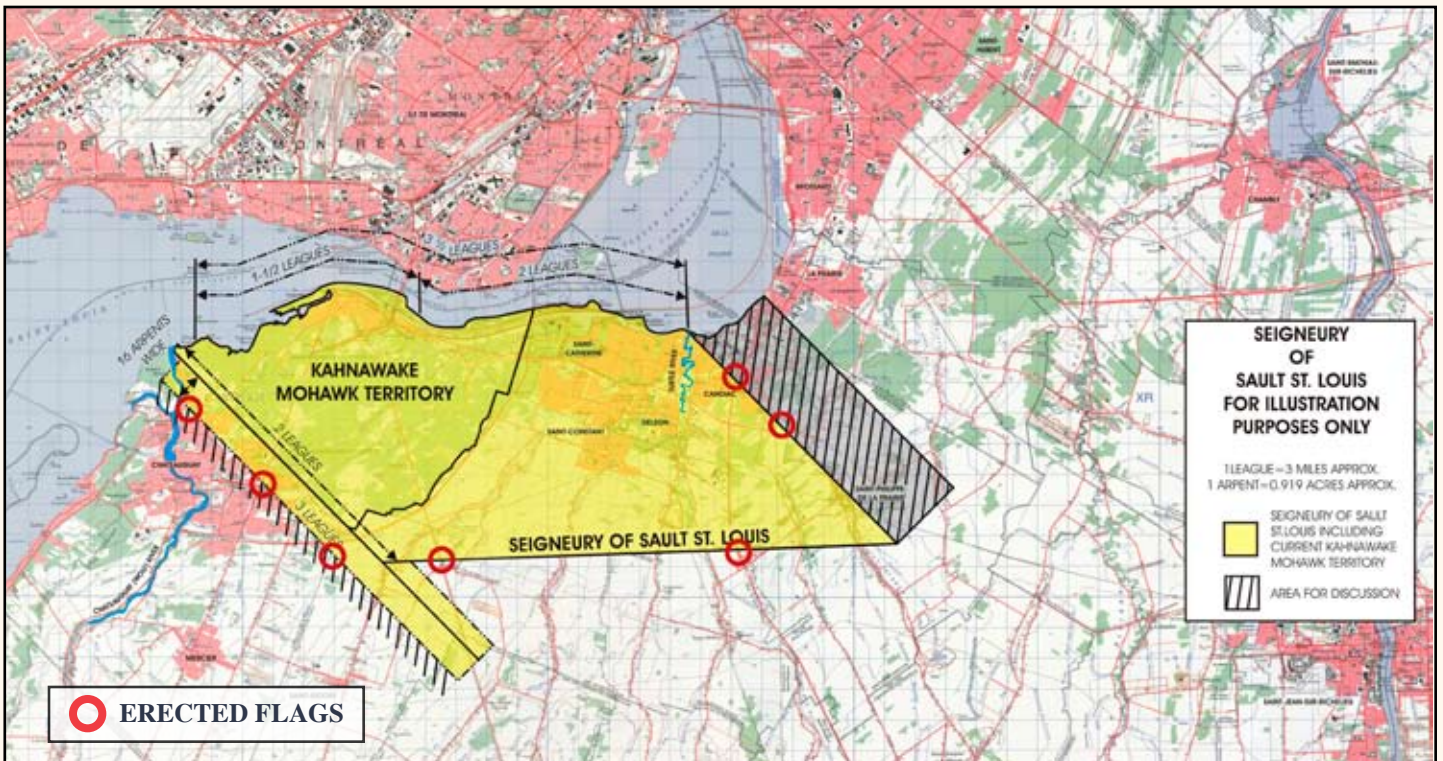


At the end of the press conference, a large Iroquois Confederacy flag was raised as a sign of hope, collectivity and solidarity.



POLITICS

Several chiefs, along with other community members went out into surrounding areas and placed flags as a reminder that we are not going away. This is traditional Kanien'kehaka Territory. The flags marked the beginning of our continuing effort to ensure that future generations will prosper as our ancestors did.



Grand Chief and other community members joined the People of the Longhouse on 207 for a peaceful march. The Mohawk Traditional Council also marched up the ramp and the two merged on the first Mercier Bridge span.



**MCKAHT̄IIEHÍÁ:RAKE NE THÓ NE THONAHÉ:ION 100
NIOHSERÁ:KE TSI NAHE TIOHSKWEN:EN
TIONONTARI:KON
MCK COMMEMORATES QUEBEC BRIDGE DISASTER
100TH ANNIVERSARY**

by Gene Diabo

The Mohawk Council of Kahnawá:ke (MCK) announced on July 17th, that it would commemorate the 100th anniversary of the Quebec Bridge Disaster by erecting a monument for the 33 Mohawks killed in the accident. The monument will be unveiled at a special ceremony to which the Community will be invited to attend on 29, Seskéha/ August, the anniversary date.

This will not replace the much larger monument being planned by the Quebec Bridge Disaster Committee, which is unlikely to be completed in time for the anniversary. The smaller monument was ordered on Wednesday, July 4 at a cost of \$35,000.

The MCK also announced an additional donation of \$10,000 to the Quebec Bridge Monument Steering Committee in order to have a celebration on August 29, raising the MCK's total contribution to \$20,000. The MCK will also lend technical expertise and manpower if necessary and feasible towards the larger project and to the celebration. This should lower costs significantly.



Background information:

On Monday, 16 Ohiari'kó: wa/July, approximately 50 Kahnawa'kehró:non joined the Monday Council Meeting for a 3-hour discussion on the topic. It was evident that some community members believed the MCK's monument meant that the larger project would be stopped, which is untrue. Some felt that the MCK was trying to take over the entire project, which they discovered was also incorrect. Rather, Chief & Council mandated the Capital Unit to build the larger monument for the Committee, at no cost to the

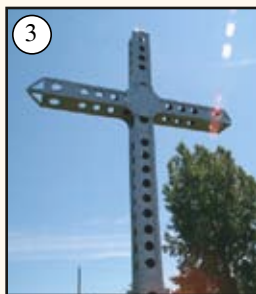
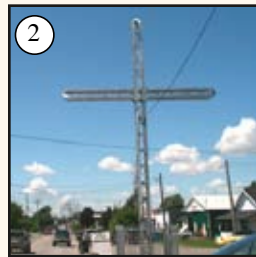
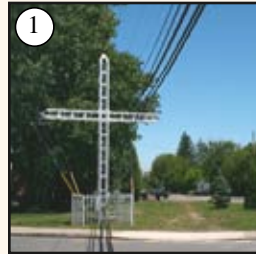
Committee, saying they could build it for a fraction of the cost. This offer was made to the committee in May.

The Committee admitted they were offered this but felt it was never properly explained to them, while the MCK felt that their offer was rejected. Obviously, it was a misunderstanding by both parties. The Committee has expressed interest in having the Capital Unit assist in portions of the larger project.

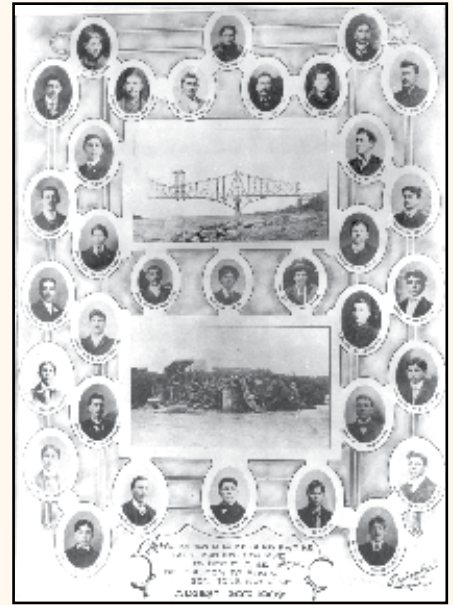
Chief Johnny Montour explained that the intent of the FAO Committee all along, was to donate approximately \$50,000 towards a completed monument, which would be erected by 29, Seskéha/August. When it became obvious that the project would not be completed in time and that fundraising had not come close to expectations over the last two years, the MCK felt it had a responsibility to the Community to use that money to build a completed monument by 29, Seskéha/August.

Several elders from the original Committee, including Melvin Diabo, Leonard Bordeau, Billy Two-Rivers, Stuart Phillips and Josie Horn, were on hand to say that this is what they wanted all along and some wondered why both monuments could not be used and respected.

Their suggestion to celebrate the smaller one on the anniversary date while continuing to work towards the larger one was a



The four monuments which currently exist in Kahnawá:ke that are dedicated to the men



compromise that was met with mixed reactions. Coincidentally, this suggestion is basically the position that Chief and Council have been supporting.

On a final note, the MCK would like to acknowledge the hard work being done by the Quebec Bridge Disaster Committee and hopes to work together to honor the men.



The Quebec Bridge today

SUMMER STUDENTS

AKENHNHÁ:KE IONTERIHWAIÉHSTHA SUMMER STUDENTS

by Cole McComber

J.D. Saylor Total Rewards Assistant

New to the fold at MCK is J.D. Saylor. At eighteen years of age, J.D. was enrolled this past year in the Social Sciences program at John Abbott College but plans to switch to Liberal Arts for the coming fall semester.



This summer, J.D. is an assistant to the MCK Total Rewards Project Coordinator, Nelva Diabo. His duties include organization of job descriptions and assisting in the overall project as the team strives to reach its goals. J.D. looks forward to gaining experiences that will help him pursue his own goals in the future.

He enjoys classic rock, reading, hitting the golf links and playing guitar.

Drew McComber Environmental Education Trainee

The Kahnawá:ke Environment Protection Office also welcomes Drew McComber, 17, to their summer student staff. Drew's official duties include

becoming familiar and assisting with the educational aspects of the Kanata Healthy Housing Project & Species at Risk files, as well as help with the update of a resource guide to provide homeowners with sustainable housing and better living alternatives.

Drew wishes to learn ways she can help stop climate change and make our community a healthier and more environmentally-sound place to live.

This fall, Drew will be attending College Champlain in St. Lambert in the Tourism Management Program.



Cole McComber Communications Officer

Joining the Communications Team, Cole Kana'tí:io McComber is entering his 4th year of University at Concordia, following a three year stint at Ottawa's Carleton University.



Cole assists the team with Kwatokent TV, the production of Onkwarihwa'shon:'a (the community newsletter) among other duties. Cole is also working on a new look for the Sports Complex Menu.

Cole is playing in his last year of junior lacrosse as co-captain here in Kahnawá:ke and he also enjoys playing hockey during the off-season.

Shona'tsó:wana Diabo Environmental Technician Trainee

Over the summer, Shona'tsó:wane's official duties include fieldwork and assisting with documentation for the Species at Risk Project, as well as the development of educational materials to raise awareness on environmental issues for various target groups and the community in general. The Kahnawá:ke Environment Protection Office is pleased to have Shona'tsó:wane as part of their summer staff.

Shona'tsó:wane will be entering his second semester at Dawson College this September fresh off his first year of Social Sciences and Mathematics.



Anthony McComber Recreation Unit, Grounds & Maintenance Worker

Anthony will be starting his second year at Vanier College, he is studying Social Science.

He is working as a summer student for the Recreation Unit as a grounds and maintenance worker which he really enjoys because it keeps him active and in top shape. He is on the Vanier Football team, so he makes sure he has no time to get lazy during the off season.



IAKOTATERAKWÉN:NI NAHÓ:TEN IAKOIO'TÉNHSERE
CAREER PLACEMENT PROGRAM

by Cole McComber

Brady Cross
Communications Officer/KTV Technician

Brady Cross was hired through the Career Placement Program offered at Tewatohnni'saktha. He brings a wealth of experience to the Communications team and will assist in all general communications duties, including contributions to the weekly staff newsletter, photography, videography, and other tasks. You'll definitely be seeing a lot of Brady as he reports for Kwatokent TV. With experience in television production, Brady is not one to shy away from the camera lens but also be behind it, taking the

lead role as KTV co-ordinator during his program.

After a two-year break, Brady will be continuing his education this fall, attending Concordia University in the Film Studies program. In his spare time, Brady plays drums in the local Metal band, Avery's Descent, and co-hosts a weekly show on www.mohawk-radio.com. With a strong passion for music and cinema, Brady one day aspires to be recognized for work in both media.



LEROY'S RATORIHSENTAKWÁHSARE
LEROY'S RETIREMENT

by Theresa Delisle



June 22nd, 2007 could have been any other day at the Mohawk Council of Kahnawá:ke, but surely should be marked as a momentous one.

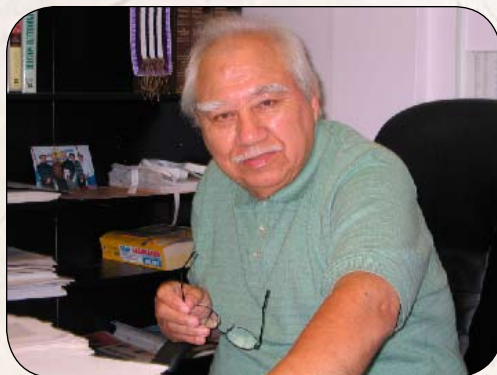
Leroy Lazare, longtime employee, retired from the MCK after 14 years of dedicated service. He began his employment with the MCK in 1993, and has worked tirelessly behind the scenes to keep our surroundings clean and organized.

A big Niá:wen Ko:wa goes out Leroy. Enjoy your retirement !



STUART PHILLIPS NE NE OHNÁ:KEN
ENSESHAKOIO'TENHSE MCK
STUART PHILLIPS' LAST DAY AT MCK

by Gene Diabo



Thursday, July 12th marked the final day on the job for Stuart Phillips as an elder/advisor on the Seignury of Sault St. Louis land grievance file.

Stuart has been instrumental in the creation and definition of the maps being used by the Mohawk Council of Kahnawá:ke in the long-standing grievance.

Originally hired as a researcher in 1994, he spent countless hours in various libraries and government archives gathering information and clarifying, as much as possible, the original borders of the Seignury.

Now that this work has been completed, the MCK's Seignury team will be concentrating on community consultations.

The Mohawk Council of Kahnawá:ke would like to thank Mr. Phillips for his years of dedicated service and extends its best wishes.

For more information, please contact:
 Seignury of Sault St. Louis Office
 450-632-7500
www.kahnawake.com

SEIGNEURY OF SAULT ST. LOUIS

ROTERIHWATÓ:KEN NE RONWANAHTETIÁ:THA
DEDICATION TO LACROSSE COACHES

by Cole McComber & Aaron Kirby

Our people have always played the game of lacrosse, back to the times of our earliest ancestors. It is the Creator's game, a medicine game and one which is not easy to master, and not easy to teach.

As long as the game has been around, there have been the men to teach it to the young. Coaching is about teaching boys to learn to play the game like men and in essence, turn them into men. Without the coaches, lacrosse would no longer exist in Kahnawá:ke.

The players would like to say a big NÍÁ:WEN KO:WA to the coaches of minor lacrosse for coming out, teaching Lacrosse and for sacrificing their time. Furthermore, the Kahnawá:ke Junior Mohawks would like to wish Head Coach Roger Moses a speedy recovery, and are dedicating the remainder of their season to him.



Roger Moses

These Coaches, Managers and Trainers have been volunteering their time since early April (some before) to prepare their teams for the beginning of the season. They have been doing 2 practices a week, plus weekend games and tournaments. The Clubs are now nearing the end of the season with provincials beginning in Early August. All of the staff & Parents dedicate more than just time, as they travel over 5,000 kilometers per summer to play in their zone, pay for their rooms, all without asking for a penny from anyone.

- Paperweight: Kevin Biggs (coach)
- Peanut: Ryan Deer (coach)
- Tyke: Tontie McComber (coach)
Bart Goodleaf (trainer)
Eddie Dickson (coach)
Cheyenne Williams (manager)
- Novice: Jason Delaronde (coach)
Ryan Cross (coach)
Robbie Horne (trainer)
Trina Diabo (manager)
- PeeWee: Aaron Kirby (manager)
Bobby Delaronde (coach)
Colleen Lahache (trainer)
Ryan Kane (coach)
- Bantam: Timmy Lahache (coach)
Melissa Phillips (manager)
Terry Phillips (coach)
Todd Jacobs (coach)
Jeffrey Mayo (trainer)
- Midget: Eric McComber (coach)
Paula Bauersfeld (manager)
Harold Skye (trainer)
- Junior: Roger Moses
Kurt Two Axe
Louis Alfred
Russel Rice
Okwirase Rice
- Substitute Coach for all Levels: Spencer Stacey (coach)
- Board Members: Aaron Kirby: Scheduler
Carrie-Anne Phillips: President
Colleen Lahache: Registrar
Kristin Cree: Vice-President
Nadine Montour: Treasurer



As you can see, there are far too many kids to name



IEHONTSATARIHA'TONHÁTIE ORIHWA'SHÓN:'A
GLOBAL WARMING

by The Kahnawá:ke Environment Protection Office

It's Our Planet! Save it Now!

Global Climate Change is the variation of the Earth's climate over time. The earth's climate has changed for millions of years, but in recent years, the warming has been very noticeable.

Carbon dioxide (CO²), the principal green house gas that contributes to climate change is a natural byproduct of gasoline. Each liter of gasoline that is used produces about 2.4kg of CO². Automakers have succeeded in reducing emissions of hydrocarbons, carbon monoxide and nitrous oxides, but no technology exists for cleaning up emissions of CO².

The very habits we have in our own homes can be changed to reduce these harmful effects of global climate change. The following are some tips regarding how you can reduce your contributions to global climate change



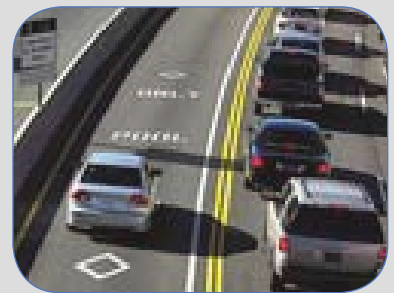
- Switch your light bulbs to Compact Fluorescent light bulbs (CFLs) They use less electricity, last up to 10 times longer, and cuts half a ton of greenhouse gas. If every household in Canada replaced regular bulbs with just one CFL, it's equivalent to taking 66,000 cars off the road.



- Turn down the thermostat just three degrees.
- Purchase Energy Star-labeled appliances. Save up to 30% of your energy.
- Break bad habits of running water, leaving lights or heaters on.

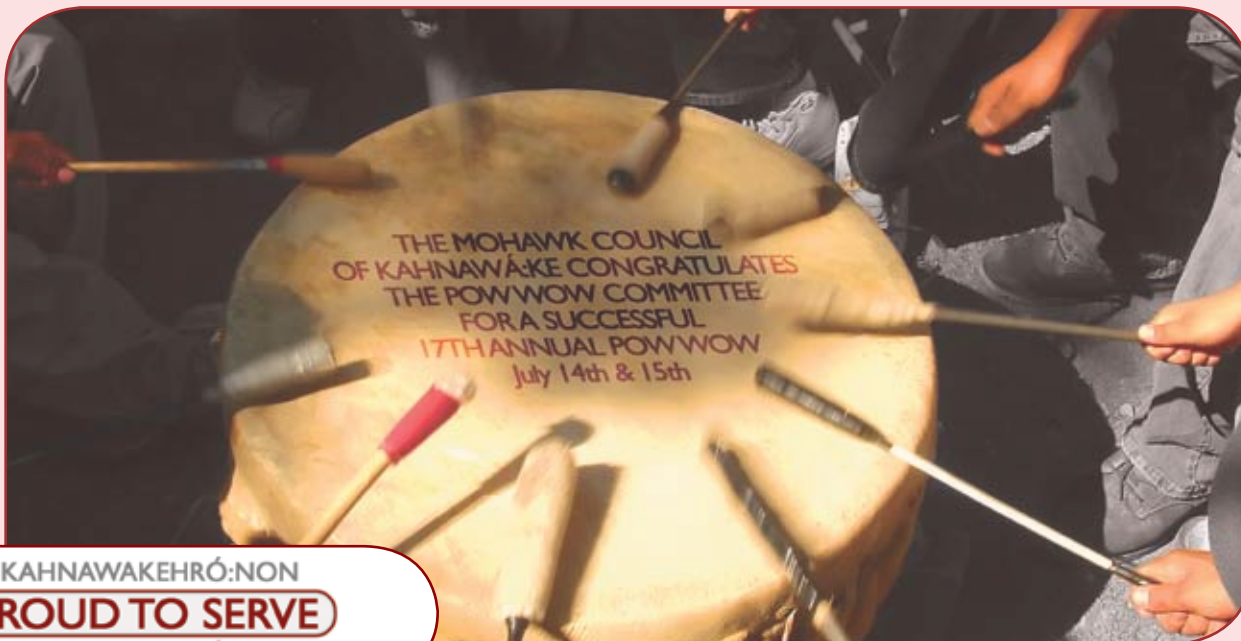


- Walk, bike, and carpool!
 If you have to use a vehicle, shut off your engine when your vehicle will not move for more than 10 seconds. It reduce emissions and saves gas.



The world cannot be changed by one household, but if we all change the way we live, those contributions will take a major effect towards global climate change.

Let's all do our part!



KAHNAWAKEHRÓ:NON
PROUD TO SERVE
 KAHNAWAKEHRÓ:NON

STRAWBERRIES

One serving (eight medium berries) contains:

- More vitamin-C than one orange!
- 20% of your Daily Value for folic acid (proven to reduce birth defects)
- No fat or cholesterol, and high in fiber!



RASPBERRIES

One serving of raspberries (1 cup) contains:

- An excellent source of vitamin-C (40% of your Daily Value)
- 10% of your Daily Value of Folic Acid
- A high source of fiber



CHERRIES

One serving (1 cup) of cherries contains:

- Calories: 100
- Fiber: 3 grams
- Fat: 1.5 gram
- Protein: 2 grams
- A good source of: vitamin-C



BLUEBERRIES

- A terrific source of Vitamin-C (15% of your Daily Value)
- A high source of dietary fiber with 5 grams, (20% of your Daily Value)
- A cholesterol-free, sodium-free tasty treat with only a single gram of fat!
- 4% of your day's supply of Calcium



BLACKBERRIES

One serving (1 cup) of blackberries contains:

- 60 Calories with 2g Protein and only 1g Fat
- 50% of your Daily Value of Vitamin-C
- 32% of your Daily Value of Fiber
- 9% of your Daily Value of Folic Acid
- 6% of your Daily Value of Iron



LAST WORDS...

MOHAWK COUNCIL OF KAHNAWÁ:KE

P.O. Box 720
Kahnawá:ke Mohawk Territory
JOL 1B0

Phone: 450.632.7500
Fax: 450.638.5958
Email: communications@mck.ca



ONKWARIHWA'SHON:'A

Through this publication, the Mohawk Council of Kahnawá:ke seeks to promote awareness and dialogue by informing the community on its activities and by analyzing the important issues affecting Kahnawá:ke.

The editorials serve to provide a forum for commentary from the Mohawk Council and/or its staff, while serving as a catalyst for community input. The editorial views expressed are the sole responsibility of the author, and may not represent those of the MCK or those of the editorial staff. Please direct all correspondence to the Communications Department.

Layout

Sondra Cross

Proofreading

Neil McComber
Gene Diabo
Justus Polson-Lahache
Thelma Paul

Contributors

Brady Cross	Alana Kane
Joe Delaronde	Aaron Kirby
Erica Delisle	Warisó:se Lahache
Theresa Delisle	Rosemary Lahache
Gene Diabo	Justus Polson-Lahache
Wahiakeron Gilbert	Holly McComber
Iris Jacobs	Drew McComber
Lynn Jacobs	Cole McComber
Travis Jacobs	Neil McComber
Heather Jacobs-Whyte	Thelma Paul

And all Units that provided information for our articles.

TESKATÉNIION KAHNHÁTSHERA STAFF CHANGES

Melissa Arquette-Curotte
Administrative Assistant, Office of the Council of Chiefs

Joseph Jacco
Recycling Depot Driver

Christina Jacobs
Recycling Depot Driver

Marnie Lahache
Interim Office and Systems Manager/Information Technician

Peter Moses
Roads and Highway Department Laborer, Public Works Unit

Travis Zachary, Nikki Lahache and Michael Stacey
Peacekeeper (3), Kahnawake Mohawk Peacekeepers

Sophia Dupont
Administrative Coordinator, Justice Services

Chera Warisó:se Lahache
Program Assistant, Kanien'keha Language Training Program

John Canoe, Roselyn Morris and Frank Goodleaf Jr.
Recycling Depot Driver, Kahnawá:ke Environment Protection Office

Marcy Delisle
Director of Financial Services, Finance and Administration Unit

Sherry Alfred
File Clerk, Archives Department

Charlayne Norton
Emergency Management Officer, Community Protection Unit

Kara Dawne Zemel
Commercial Lands/Leases Administrator, Lands Unit

Kanen:to Patton
Janitor – Main Building, Administration Unit

Sondra Cross
Kanien:keha Communications Officer, Communications Unit

Trina Moses
Sports Facility Maintenance Worker, Sports & Recreation Unit

Dawn Stacey
Training and Human Resource Coordinator, Kahnawá:ke Mohawk Peacekeepers

Ashley Ross
Receptionist/Secretary, Community Protection Unit

Kyle Diabo
Multi-Dwelling and Building Maintenance Laborer, Public Works Unit

Farewell to **Leroy Lazare**, who is retiring after 14 years of dedicated service to the MCK. Nia:wen Leroy!

It's Back!

and it's even easier to win!



Brought to you by
The Kahnawá:ke
Environment Protection
Office



REGISTER, RECYCLE & WIN!

Now you can "Recycle Your Way To Cold Hard Cash" with the Radio Bingo promotion in conjunction with K103.7 FM Mohawk Radio. From now until September 3rd, you can have your chance to win just by recycling.

All you need to do, is register **ONE** time with the Environment Office, then tune into K103's Upenatom show every Monday morning as they draw names on-air.

If your name is chosen, and your bins are curbside that week, you get your chance to win.

To register, drop by or call the Environment Protection Office at 450-635-0600.

K103 Upenatom Show



LANCE



DINO



JESSICA